

Det Syge Menneske Kapitel 12 24

Grundbog i psykiatri Mellemmenneskelige aspekter i sygepleje Grundlæggende mikrobiologi og infektionsmedicin Det syge menneske [Bind] 5: Huden, infektionsforsvaret, kropsorganerne Evangeli Basun [weekly]. Det der helbreder dig Et kapitel af folkets sjæle tro Menneske først Rejse om Jorden Levevilkår i Danmark Lykke-Per Lykke-Per Det syge menneske. [Bind] 4: Hormonsystemet og nervesystemet - bevægelse apparatet Kliniske lungefunktionsundersøgelser Skuddet i dansk Sygdomstro Fortællinger Det Europæiske menneske Budbæreren Memento mori Mad og drikke Erik Simonsen Joyce Travelbee Claus Stergaard Vegard Bruun Wyller Wayne Jonas Henning Frederik Feilberg Kaj Thaning Charles Darwin Henrik Pontoppidan Henrik Pontoppidan Vegard Bruun Wyller Johan Georg Carl Christian Matthiessen N. Fries Jørgen Bukdahl Michael Hviid Jacobsen Christian Jørgensen Grundbog i psykiatri Mellemmenneskelige aspekter i sygepleje Grundlæggende mikrobiologi og infektionsmedicin Det syge menneske [Bind] 5: Huden, infektionsforsvaret, kropsorganerne Evangeli Basun [weekly]. Det der helbreder dig Et kapitel af folkets sjæle tro Menneske først Rejse om Jorden Levevilkår i Danmark Lykke-Per Lykke-Per Det syge menneske. [Bind] 4: Hormonsystemet og nervesystemet - bevægelse apparatet Kliniske lungefunktionsundersøgelser Skuddet i dansk Sygdomstro Fortællinger Det Europæiske menneske Budbæreren Memento mori Mad og drikke Erik Simonsen Joyce Travelbee Claus Stergaard Vegard Bruun Wyller Wayne Jonas Henning Frederik Feilberg Kaj Thaning Charles Darwin Henrik Pontoppidan Henrik Pontoppidan Vegard Bruun Wyller Johan Georg Carl Christian Matthiessen N. Fries Jørgen Bukdahl Michael Hviid Jacobsen Christian Jørgensen

Udvalgte af Wayne Jonas trækker på næsten 40 års forskning og lige så mange års direkte kontakt med patienter når han drager konklusionen at 80 af alle helbredelse sker uden direkte at være forårsaget af behandling såsom operation medicin akupunktur urter eller kosttilskud men hvad er det der virker når vi er syge og hvordan bliver vi helbredt i din personlige vej til helbredelse argumenterer Jonas for at der findes et faldt af principper for hvordan helbredelse finder sted og at disse principper kan findes i både de nye og gamle medicinske traditioner i konventionelle og alternative behandlingsformer og måske vigtigst at det er forskelligt hvad der virker for os hver især med udgangspunkt i integreret medicin er Jonas en ivrig fortalere for at kombinere det bedste fra konventionel og alternativ behandling han er tilhænger af en langt mere balanceret tilgang hvor videnskabens imponerende landvindinger kombineres med ligeledes kraftfulde men ofte oversete healingmetoder krop sind forbindelsen bliver i udstrakt grad overset i konventionel behandling hvilket ifølge Jonas er katastrofalt da det er her størstedelen af alle helbredelse finder sted kroppen kan modtage behandling men det afgørende er at kroppens selvhelbredende evner aktiveres bogen er videnskabeligt funderet og fuld af ny viden om krop sind forbindelsen den indeholder en lang række interessante cases samt praktisk information om hvordan man bedst aktiverer sin krops helbredende potentiale

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